

## **Black Belt Testing Requirements**

1. Students should also review etiquette for each belt and must know all belt philosophies and be prepared to discuss at testing. This is located in the student area.
2. Students must know the origins and history of Taekwondo and Hapkido and explain and answer questions at testing.
3. Students must have parents present for all of testing. Students may not test without their parents or family member in attendance.
4. Students must have permission from current teacher or teachers at school in order to test. See your instructor for details. This permission slip is located in the student area.
5. Uniform must have all required patches and be hemmed appropriately. Uniforms must be ironed and cleaned for testing.
6. Sparring gear, mouth piece, groin protection, water bottle and running shoes are required at testing.
7. Anything needed for testing including sparring gear, water or weapons should be on the training floor and laid out ready to go.
8. You may fail at testing if you cannot meet the standards written above. If you fail your test you may retake the test at no cost at the next testing cycle.

## **2nd Degree Testing Requirements**

1. Midterm testing above Black Belt is required in order to test for rank.
2. Students are allowed to use their own weapons and equipment at testing.
3. Students must perform required material for their rank as written for each midterm including weapons forms.
4. Every student must spar each testing.
5. Students will be required to demonstrate any and all material below their current rank.
6. Black Belt Fitness Test are the physical requirements such as push up, sit ups, kicks, etc. at testing so be prepared.
7. ***Instructors*** must preform all Taekwondo Forms, Combinations, 4 Board Breaks, all Belt Philosophies and Etiquette with no mistakes and the above requirements.

### **2nd Degree**

8 mid terms

Jung Yul Form

Combinations

3 Weapons Forms

Board Breaks

2 Electives

Fitness Test

Community Action

History

### **Instructors**

All the above Black Belt testing requirements plus a written test.