

STRIPE #1

Stances & Ranges

- Concealed Draw
- Everyday Non Violent
- SPEAR (Ground)
- TacticL Knife Stance
- Scenarios 3

CQB Unorthodox Combo's

- Finger Jab
- Elbows Diagonal & Upward
- Headbut
- Rake
- Chain Strikes
- Bite & Pinch
- \* 3 Strike Combo's

Close Quarter Targets

- Throat Strike
- Eye Strike
- Groin Strike

Kicks

- Front Kick High Middle
- Low Kick Inside & Outside
- Knees on Ground
- Side Kick (Knee)
- Push Kick (Teep Stomach)
- 2 Point Shield
- Pivot & Angle

STRIPE #2

Stick Training - Baston

- Stick Lock Flow
- Stick Disarm Flow
- Angles of Insertion
- Stick Manipulation & Flow
- Circular Knife Flow
- Hour Glass Footwork
- 12 Karambit Strikes Fluid

STRIPE #3

Ground Fighting - Dumog

- Guard - Weapon Off & Def.
- Turtle Position
- Ground Movement
- Fall To Start
- Scenarios 2

Empty Hand - Mano

- Dirty Boxing Combo #1
- 1-2 Attacker - Sidekick Waist
- Elbow To Destroy Foot
- CQB Combo Follow Up

- Dirty Boxing Combo #2
- 1-2 Attackers - L Jab
- R De Cadena Corner Of Box
- CQB Combo Follow Up

- Dirty Boxing Combo #3
- 1-2 Attackers - R Low Kick
- L Check L Low Kick Inside
- CQB Combo Follow Up

- Dirty Boxing Combo #4
- 1-2 Attackers - R Haymaker
- 2 Point Block CQB Combo
- Follow Up

\* All Combo's Start from SPEAR or Other Stance and Contain 5-7 Strikes

STRIPE #4

Handgun - Baril

- Gun Disarm Back Head
- Rifle Disarm Dead Side Outside
- Reading Body Language For A Weapon
- \* Disarm Then Draw A Counter Weapon

Knife - Espada y Daga

- Wing Pattern - Arms Out
- Circle Cutting (Standard)
- Tueller Rule 21'
- Flow Cutting & Blocking

Joint Locks - Trankada

- 3 Joint Lock Flow
- Z Lock 2 Hands On 1
- Takedown Move To Stomach

STRIPE #5

Attendance

STRIPE #6

History & Culture