

STRIPE #1

Stances & Ranges

- Neutral & Draw
- 10 Point Blocking
- Everyday (Attack)
- SPEAR (Ground)
- TacticL Knife Stance
- Scenarios 3

CQB Unorthodox Combo's

- Palm Heel
- Elbows (F- S- B)
- Headbut
- Rake
- Hammer Fist
- Bite.
- * 3 Strike Combo's

Close Quarter Targets

- Throat Strike
- Eye Strike
- Groin Strike

Kicks

- Front Kick High Middle
- Low Kick Inside & Outside
- Knees Inside Clinch
- Side Kick (Knee)
- Push Kick (Teep Stomach)
- 2 Point Shield
- Pivot & Angle

STRIPE #2

Stick Training - Baston

- Shield With Weapon Counter Attack
- Leverage Locks 1 & 2
- Thrust - Slash Pass
- Beraw Box Drill
- Hour Glass Footwork
- 12 Karambit Advanced Counter & Pass

STRIPE #3

Ground Fighting-Dumog

- Back Control Weapons Off & Def.
- Knee Ride Defend & Escape
- Clinch Over & Under Hooks With Weapon

Empty Hand - Mano

- Dirty Boxing Combo #1
1-2 Attacker R Straight Punch (L Slip) R Low Kick CQB Follow Up
- Dirty Boxing Combo #2
1-2 Attacker R Straight Punch Crazy Monkey Block - Shredder - CQB Follow Up
- Dirty Boxing Combo #3
1-2 Attacker R Straight Punch Simple Tackle - CQB Follow Up
- Dirty Boxing Combo #4
1-2 Attacker R Straight Punch Slip - Side Tie Up - CQB Follow Up

* All Combo's Start from SPEAR or Other Stance and Contain 5-7 Strikes

STRIPE #4

Handgun - Baril

- Machine Gun Takedown - Front & Behind
- Bayonet Stab
- Inside Car Back Seat
- Inside Car Passenger

Knife - Espada y Daga

- Draw Cut 1/2 SPEAR
- Draw Cut Shield Block & Piston
- Draw Cut Block Piston
- Triangle Inside Legs
- Vertical Circle (C Shape)
- Weapon Retention During Attack

Joint Locks - Trankada

- Arm Wrap Inside
- Wrist Lock Takedown To Stomach Back Standing
- Circular Outside Wrist Throw (2 Hands On 1)
- 5- 8 Move Lock Flow

STRIPE #5

Attendance

STRIPE #6

History & Culture